

Variable	Mean	SD	Min	Max	Median	Q1	Q3	Mode	Skewness	Kurtosis	Shapiro-Wilk	Normality
Age	35.5	12.5	18	65	32	28	38	35	0.15	2.5	0.95	Normal
Gender	1.5	0.5	1	2	1.5	1.5	1.5	1.5	0.00	0.0	0.99	Normal
Marital Status	2.5	1.0	1	4	2.5	2.0	3.0	2.5	0.10	1.5	0.98	Normal
Education	12.5	2.0	9	16	12.5	11.5	13.5	12.5	0.05	1.0	0.99	Normal
Income	1500	500	500	3000	1200	800	1800	1000	0.20	3.0	0.92	Normal
Occupation	1.5	0.5	1	2	1.5	1.5	1.5	1.5	0.00	0.0	0.99	Normal
Health Status	2.5	1.0	1	4	2.5	2.0	3.0	2.5	0.10	1.5	0.98	Normal
Stress Level	3.5	1.5	1	5	3.5	3.0	4.0	3.5	0.05	1.0	0.99	Normal
Life Satisfaction	4.5	1.0	3	5	4.5	4.0	5.0	4.5	0.00	0.0	0.99	Normal
Resilience	3.5	1.0	2	5	3.5	3.0	4.0	3.5	0.05	1.0	0.99	Normal
Emotional Stability	3.5	1.0	2	5	3.5	3.0	4.0	3.5	0.05	1.0	0.99	Normal
Self-Esteem	3.5	1.0	2	5	3.5	3.0	4.0	3.5	0.05	1.0	0.99	Normal
Life Satisfaction	4.5	1.0	3	5	4.5	4.0	5.0	4.5	0.00	0.0	0.99	Normal
Resilience	3.5	1.0	2	5	3.5	3.0	4.0	3.5	0.05	1.0	0.99	Normal
Emotional Stability	3.5	1.0	2	5	3.5	3.0	4.0	3.5	0.05	1.0	0.99	Normal
Self-Esteem	3.5	1.0	2	5	3.5	3.0	4.0	3.5	0.05	1.0	0.99	Normal

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